



# Youth Winter Basketball Leagues



2015-2016  
Information Guide

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### **Season Timeline:**

- Register by 11/2/2015 to be guaranteed entry into the 2015/16 season.
- Coaches Meeting is on 11/19/2015 at the Rockville Senior Center, dining room.
- Team Practices start the week of 12/7/2015.
- League games begin the weekend of 1/9/2016- 1/10/2016.
- Season Length (all dates are tentative and subject to inclement weather changes):
  - Mighty Mites Leagues- 6 weeks, final games will be played 2/13/16
  - Boys/Girls Leagues- 7 weeks, plus post-season tournament beginning 2/27/16

### **Practice Information:**

- Each team gets a 1 hour practice each week, excluding winter break.
- Teams practice until the completion of the league.
- Teams practice in a gym within the Rockville limits.
- In the event of inclement weather, check to see if a gym is open by calling the weather line: 240-314-5055.
- What to bring to practice – basketball, athletic clothing, bottle of water.

### **Need Additional Information?**

- Visit the Rockville Sports Divisions website: [www.rockvillemd.gov/recreation/sports](http://www.rockvillemd.gov/recreation/sports)
- Contact the Sports Division: 240-314-8620
- Checkout our Facebook site: [www.facebook.com/Rockville.Sports.Leagues](http://www.facebook.com/Rockville.Sports.Leagues)

# Interested in Coaching?:

## Advantages of Coaching:

- Head Coach will receive a 10% registration discount for one participating family member per team coached. To redeem this discount coaches must complete the paper registration form.
- Head Coach selects the day, time, and location for team practice.
- Head Coach selects team name and team jersey color.
- Head Coach will receive a coaches shirt to be worn at the 1<sup>st</sup> practice and games.
- Head Coach will receive a Coaches Manual with age specific drills.

## Requirements of All Coaches:

- Attend the Coached Meeting- 6:30pm at Rockville Senior Center on 11/19/2015.
- Become NYSCA Certified– for more information visit:  
<http://www.nays.org/nyscaonline/preview/how-it-works.cfm>
- Complete the City's background and fingerprint requirements, which is free, but requires a coach to complete paperwork and attend a 20 minute meeting at Rockville City Hall to complete fingerprints.
- To find out more contact the Sports Division:
  - Boys Basketball (4<sup>th</sup>-12<sup>th</sup> grade) -- Jen Liberto: 240-314-8653, [jliberto@rockvillemd.gov](mailto:jliberto@rockvillemd.gov)
  - Girls Basketball (4<sup>th</sup>-11<sup>th</sup> grade) -- Lisa Splaine: 240-314-8654, [lsplaine@rockvillemd.gov](mailto:lsplaine@rockvillemd.gov)
  - Mighty Mites Basketball (K-3<sup>rd</sup> grade) -- Duncan Mullis: 240-314-8652, [dmullis@rockvillemd.gov](mailto:dmullis@rockvillemd.gov)



# Mighty Mites Basketball League 2015/2016 Information Guide



Mighty Mites – Boys/Girls  
Kindergarten – 3<sup>rd</sup> Grade



## Kindergarten and 1<sup>st</sup> Grade Division (K/1):

Age requirements: 9/1/2008 – 8/31/2010

Games are Saturdays, tentatively scheduled from 9a.m. – 4p.m. starting 1/9/2016.



### Key information on division:

- K/1 play 4 v 4, recommended team size is 8-9 players.
- Teams play half court, width ways.
- Game duration: 9 minute quarters, 2 minute break at the end of a quarter, 4 minute break at halftime.
- Ball size: 27.5 junior basketball
- Basket height: 8'

Game Location: College Gardens Elementary School, 1700 Yale Pl.



## 2<sup>nd</sup> Grade Boys Division:

Age requirements: 9/1/2007-8/31/2008

Games are on Saturdays, tentatively scheduled from 9a.m. – 3p.m. starting 1/9/2016.



Game Location: Lincoln Park  
Community Center, 357 Frederick Ave



### Key information on division:

- 2<sup>nd</sup> grade play 5 v 5, recommended team size is 10 players.
- Teams play full court.
- Game duration: 9 minute quarters, 2 minute break at the end of a quarter, 4 minute break at halftime.
- Ball size: 27.5 junior basketball
- Basket height: 8.5'



## 2<sup>nd</sup> and 3<sup>rd</sup> Grade Girls Division:

Age requirements: 9/1/2006-8/31/2008

Games are on Saturdays, tentatively scheduled from 9a.m. – 5p.m. starting 1/9/2016.



### Key information on division:

- 2/3 grade girls play 5 v 5, recommended team size is 10 players.
- Teams play full court.
- Game duration: 9 minute quarters, 2 minute break at the end of a quarter, 4 minute break at halftime.
- Ball size: 27.5 junior basketball
- Basket height: 8.5'

Game Location: Lincoln Park Community Center, 357 Frederick Ave





### 3<sup>rd</sup> Grade Boys Division:

Age requirements: 9/1/2006-8/31/2007

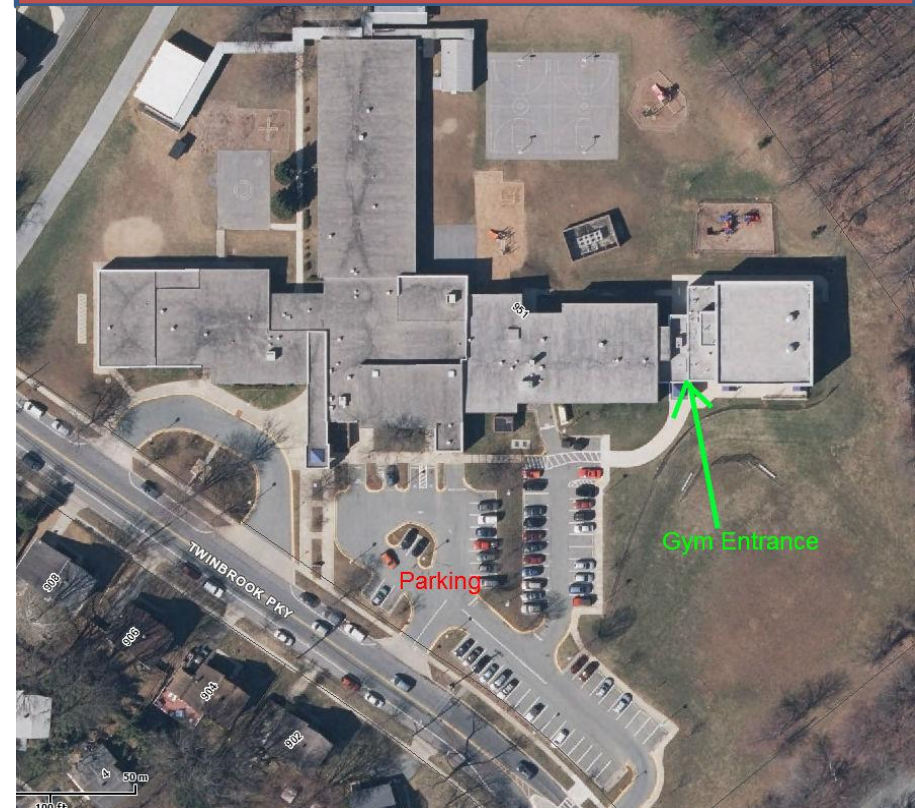
Games are on Saturdays, tentatively scheduled from 9a.m. – 3p.m. starting 1/9/2016.



#### Key information on division:

- 3<sup>rd</sup> grade boys play 5 v 5, recommended team size is 10 players.
- Teams play full court.
- Game duration: 9 minute quarters, 2 minute break at the end of a quarter, 4 minute break at halftime.
- Ball size: 27.5 junior basketball
- Basket height: 10'

Game Location: Meadow Hall  
Elementary School, 951 Twinbrook  
Pkwy



# Girls Basketball League 2015/2016 Information Guide



Girls Basketball- 4<sup>th</sup>-11<sup>th</sup> grade, ages 9-17



## **Pee Wee, Bantam, Midget Divisions:**

Age requirements – specific for each division (refer to Winter Brochure). Games are Saturdays, tentatively scheduled from 9a.m. – 4p.m. starting 1/9/2016.



### Key information on division:

- Recommended team size is 8-10 players, team maximum 12 players.
- Teams play full court.
- Red Green rule applies (see 2015/16 Bylaws for additional information).
- No 3 point goals will be permitted.
- Four 9 minute quarters.
- Ball size: 28.5 basketball
- Basket height: 10'

Game Location: Lakewood E.S,  
2534 Lindley Terrace.





## Junior, Intermediate, Associate, Senior

### Divisions:

Age requirements – specific for each division (refer to Winter Brochure). Games are Saturdays, tentatively scheduled from 9a.m. – 4p.m. starting 1/9/2016.



### Key information on division:

- Recommended team size is 8-10 players, team maximum 12 players.
- Teams play full court.
- Equal play rule (refer to 2015/16 Bylaws).
- 3 point goals are permitted.
- Two 18 minute halves.
- Ball size: 28.5 basketball.
- Basket height: 10'.

Game Location: Twinbrook Community Recreation Center, 12920 Twinbrook Pkwy.



# Boys Basketball League 2015/2016 Information Guide



Boys Basketball- 4<sup>th</sup>-12<sup>th</sup> grade, ages 9-18



## Pee Wee, Bantam, Midget Divisions:

Age requirements – specific for each division (refer to Winter Brochure). Games are Saturday's (1/9), tentatively scheduled from 9a.m.-8p.m.

### Games Locations:

Pee Wee & Bantam Divisions- Frost M.S.

Midget Division- Thomas Farm C.C.



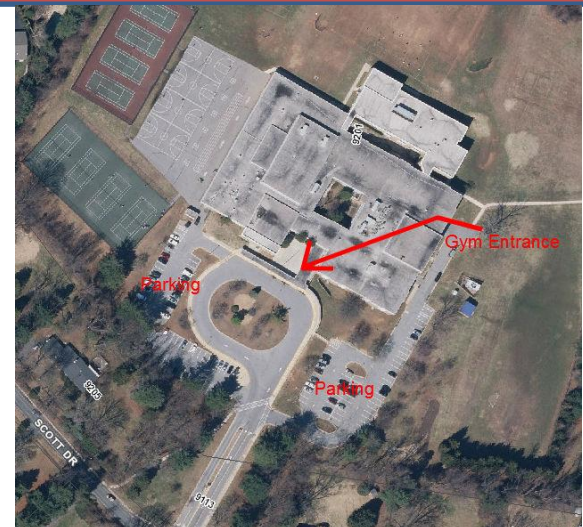
### Key information on division:

- Recommended team size is 8-10 players, team maximum 12 players.
- Teams play full court.
- Red Green rule applies (see 2015/16 Bylaws for additional information).
- No 3 point goals will be permitted.
- Four 9 minute quarters.
- Ball size: 28.5 basketball
- Basket height: 10'

Game Locations: Frost M.S.,  
9201 Scott Drive



Game Locations: Thomas Farm  
Community Center,  
700 Falls Grove Drive





**Junior, Intermediate, Associate, Senior,  
Graduate, Collegiate Divisions :**

Age requirements – specific for each division  
(refer to Winter Brochure).

Games are Sunday's (1/10), tentatively  
scheduled from 12p.m.-8p.m.

Games Locations:

Junior, Intermediate, Associate Divisions-  
Thomas Farm Community Center or Twinbrook  
Community Recreation Center

Senior, Graduate, Collegiate Divisions-  
Rockville HS & possible additional site (TBD)

Game Locations: Thomas Farm  
Community Center,  
700 Fallsgrove Drive

Game Locations: Twinbrook  
Community Recreation Center,  
12920 Twinbrook Pkwy.

Game Locations: Rockville H.S.,  
2100 Baltimore Road

Key information on division:

- Recommended team size is 8-10 players, team maximum 12 players.
- Teams play full court.
- Equal play rule (refer to 2015/16 Bylaws).
- 3 point goals are permitted.
- Two 18 minute halves.
- Ball size: 29.5 basketball.
- Basket height: 10'.



# How to Register:

- Register online using the following links:
  - Boys Basketball:
    - <https://rockenroll.rockvillemd.gov/econnect/Activities/ActivitiesDetails.asp?aid=3987>
  - Girls Basketball:
    - <https://rockenroll.rockvillemd.gov/econnect/Activities/ActivitiesDetails.asp?aid=3988>
  - Mighty Mites Basketball:
    - <https://rockenroll.rockvillemd.gov/econnect/Activities/ActivitiesDetails.asp?aid=613>
- Complete a paper registration and either:
  - fax it to: 240-314-8659
  - Drop it off at a City Community Center or Rockville City Hall
  - Mail it to: Sports Division, Rockville City Hall, 111 Maryland Ave., Rockville, MD, 20850
- For details, view the 2015-2016 Youth Winter Sports Brochure:
  - <http://www.rockvillemd.gov/DocumentCenter/View/12756>